

MEDICINAL PLANTS AND THE HUMAN BODY PARTS THAT CAN BE TREATED WITH THEM

Body part	Comman name	Scientific name	Family	Part used and uses	Propagation
Hair	Neelaamari	<i>Indigofera tinctoria</i>	Fabaceae	Leaves as hair tonic	Seeds
	Kayyunni	<i>Eclipta alba</i>	Compositae	Leaves as hair tonic	Seeds/cutting
	Krishnathulasi	<i>Ocimum sanctum</i>	Lamiaceae	Whole plant for oil extraction and flavouring beverages	Seed
Brain	Brahmi	<i>Bacopa monnieri</i>	Scrophulariaceae	Whole plant as brain tonic	Cuttings
	Vayambu	<i>Acorus calamus</i>	Araceae	Rhizome as brain tonic	Rhizome
	Shankupushpam	<i>Clitoria ternatia</i>	Fabaceae	Root as brain tonic	Seed
Eye, ear, nose, mouth	Nanthiarvattam	<i>Tabarnaemontana coronaria</i>	Apocyanaceae	Flower bud for red eye disease	Cuttings
	Cherucheera	<i>Altenanthera sp.</i>	Amaranthaceae	Leaves for eye disorder	Cuttings/seeds
	Karuka	<i>Cynadon dactylon</i>	Poaceae	Dry leaf powder for nasal bleeding	Stolon/runner
	Palluedana chedi	<i>Spilanthus calva</i>	Compositae	Flower for tooth pain	Seed, Cutting
	Karinochi	<i>Vitex negunda</i>	Verbanaceae	Leaves for tonsilitis	Cuttings
	Changalamparanda	<i>Cissus quadrangularis</i>	Vitaceae	Stem extract foe emmenagogue	Cuttings, Seed
	Muyalcheviyan	<i>Emelia sonchifolia</i>	Compositae	Leaves for tonsilitis	Seed

Skin	Thetchi	<i>Ixora coccinea</i>	Rubiaceae	Flowers for skin disease	Seeds, Cuttings
	Kunni	<i>Abrus precatorius</i>	Fabaceae	Fruit for skin disease	Seeds
	Aloe vera	<i>Aloe vera</i>	Liliaceae	Leaves as cosmetics	Suckers
	Manchatti	<i>Rubia quadrifolia</i>	Rubiaceae	Roots for skin diseases	Cuttings
	Nannari	<i>Hemidesmus indicus</i>	Asclepiadiaceae	Roots for skin diseases	Root cuttings
	Jatropha	<i>Jatropha podagrica</i>	Jatropha podagrica	Leaves for skin diseases	Seed
	Elamolachi	<i>Kalanchoe pinnata</i>	Crassulaceae	Leaves as burn healing agent	Leaf cutting. leaves
	Chethikoduveli	<i>Plumbago rosea</i>	Plumbaginaceae	Roots against glycoderma	Cuttings
Heart	Moovila	<i>Pseudarthria viscida</i>	Fabaceae	Roots as cardiogenic	Seeds
	Orila	<i>Desmodium gangeticum</i>	Fabaceae	Roots as cardiogenic	Seeds
	Sarvvasugandhi (Allspice)	<i>Pimenta dioica</i>	Myrtaceae	Fruits as cardiogenic	Seeds
Lungs	Chittaratha	<i>Alpinia bracteata</i>	Zingiberaceae	Rhizome as expectorant	Rhizome
	Vallipala	<i>Tylophora indica</i>	Asclepiadiaceae	Roots as anti-asthmatic	Cuttings
	Adalodakam	<i>Adathoda vasica</i>	Acanthaceae	Leaves for treatment of cough	Cuttings
Liver	Kiriath	<i>Andrographis paniculata</i>	Acanthaceae	Whole plant as liver tonic	Terminal cuttings
	Kattukaduk	<i>Cleome viscosa</i>	Cleomaceae	Whole plant as liver tonic	Seed
	Keezharnelli	<i>Phyllanthus niruri</i>	Euphorbiaceae	Whole plant for jaundice	Seed

Pancreas	Chakkarakolli	<i>Gymnema sylvestre</i>	Apocyanaceae	Leaves decreases blood sugar level	Seed, Cuttings
	Insulin plant	<i>Chamecostus cuspidatus</i>	Costaceae		
Abdomen	Mango ginger	<i>Curcuma amada</i>	Zingiberaceae	Rhizome for stomach disorders	Rhizome
	Kaattu jeerakam	<i>Vernonia anthelmintica</i>	Asteraceae	Seed as germicide	Seed
	Puliyarila	<i>Oxalis corniculata</i>	Oxalidaceae	Leaves for stomach disorder	Runner
	Munja	<i>Premna herbaceae</i>	Verbenaceae	Leaves are used as diuretuc	Cuttings

Urinary tract					
	Darbhapullu	<i>Desmotachya bipinnata</i>	Poaceae	Leaves are used as diuretic	Slips
	Thazhuthama	<i>Boerhaavia diffusa</i>	Nyctaginaceae	Roots as diuretic	Seed, Cuttings
	Kallurukki	<i>Scoparia dulcis</i>	Scopariaceae	Leaves against kidney stone	Seed
	Iyyappana	<i>Curculigo orchoides</i>	Hypoxidaceae	Whole plant as haemostatic	Suckers
	Cheroola	<i>Aerva lanata</i>	Amaranthaceae	Whole plant against kidney stone	Seed
	Poochameesha	<i>Orthosiphon grandiflorum</i>	Lamiaceae	Leaf against kidney stone	Cuttings
	Naykuruna	<i>Mucuna pruriens</i>	Fabaceae	Seed as health tonic	Seed
	Adapathiyen	<i>Holostemma adakodien</i>	Asclepidiaceae	Root tuber as health tonic	Seed

	Sathavari	<i>Asperagus racemosa</i>	Asparagaceae	Root as health tonic	Cuttings
	Arogyapacha	<i>Trichopus zeylanicus</i>	Dioscoriaceae	Root as health tonic	Rhizome
	Palmuthuk	<i>Ipomea digitata</i>	Convolvulaceae	Tuber as health tonic	Seed, root tuber
	Amakkuram	<i>Withania somnifera</i>	Solanaceae	Root as hair tonic	Seed
Cosmetics	Pitchi	<i>Jasminum grandiflorum</i>	Oleaceae	Flower in perfumery	Cuttings
	Lemon grass	<i>Cymbopogon atratus</i>	Poaceae	Leaves used in soaps, cosmetics and disinfectants	Slips, Seeds
	Vetiver	<i>Chrysopogon zizanoides</i>	Poaceae	Roots in perfumery and oil	Slips
	Patchouli	<i>Pogostomon pachauli</i>	Lamiaceae	Leaves used in purfumery	Cuttings, seeds